

# MAPLEWOOD

*Senior Living*

## TOP 10 THINGS TO CONSIDER WHEN LOOKING FOR AN ASSISTED LIVING RESIDENCE

Making the decision to move a loved one to an assisted living residence can feel daunting. To minimize the anxiety we've created tips to prepare you for a tour of a community.



- 1 Ask to meet the team. How can a resident or family member get in contact with the management team?
- 2 Do they have apartments available? What types/sizes of apartments do they offer? Do you bring your own furniture, or is it provided?
- 3 Ask about the culinary program. Is the food prepared from scratch? Ask to see a menu. Schedule a time to have lunch or dinner.
- 4 Are nurses available to the residents around the clock? Do they allow for visiting physicians or specialists?
- 5 What type of training is provided for the staff? What does the interview/hiring process entail? What is the plan for on-going training?
- 6 Do they have call lights or pendants to alert someone for help? How does the staff respond?
- 7 Is transportation available at the community for physician appointments or outings? Is there an additional charge for this service?
- 8 What accommodations are available if the resident's needs change? Can your loved one age in place?
- 9 What type of programming and cultural enrichment opportunities are available? Is it purposeful, engaging and dignified? Are there outings to museums, restaurants or other entertainment venues?
- 10 Ask for the names of a few family members and residents that you could speak with about their experience with the community.

If you would like more information, please contact a **Maplewood Senior Living** community. Our knowledgeable staff of professionals understands and is here for you and your loved ones throughout the journey.

203.557.4777 | [MaplewoodSeniorLiving.com](https://www.MaplewoodSeniorLiving.com)

**Connecticut:** Bethel, Danbury, Darien, East Norwalk, Newtown, Orange, Southport

**Massachusetts:** Brewster, Weston, West Yarmouth

**New Jersey:** Plainsboro | **Ohio:** Chardon, Cuyahoga Falls, Twinsburg

